

# ONENESS BLESSINGS SAN DIEGO COUNTY

Oeness Blessing, also known as Oeness Deeksha is a phenomenon of Divine Grace. It is an entirely new paradigm where there is no guru, no teaching, no practice. The Oeness Blessing initiates a neurobiological change in the brain that when complete enables the senses to be free from the interference of the mind. When the senses are unclouded by the mind's interpretations, a natural clarity of perception occurs with accompanying spontaneous feelings of joy, inner calmness and connection to the Oeness in everything.

**For information on Oeness Blessing events in San Diego County and for directions, please contact the Oeness Facilitator in your area. A suggested donation for each event is \$15 - \$25. Private Sessions available by appointment.**

## San Diego

Friday @ 7:30 PM  
Tuesday Deepenings @ 7:30 PM  
San Diego (Clairemont) 92111

Sunday @ 4:30 PM  
La Jolla 92037

1<sup>st</sup> & 3<sup>rd</sup> Saturday @ 7:00PM  
San Diego (Mira Mesa) 92126

## East County

Monday @ 7:00 PM  
La Mesa 91941

## North County Coastal

Tuesday @ 9:30 AM - Encinitas  
Monday @ 7:00 PM - Encinitas 92024

Sunday @ 6:15 PM - Carlsbad  
Wednesday @ 7:30 PM - Encinitas

Monday @ 7:00 PM – Cardiff by the Sea

Sunday @ 7:00 PM – Carmel Valley 92130  
& Wednesday Breathwork @ 7:00 PM

## North County Inland

Tuesday @ 6:30 PM - Escondido

## Coronado

Thursday @ 7:00 PM

## South Bay

## Tijuana

Friday

**Oeness Facilitators: Gail & Ray Wingfield**

[gailwing@san.rr.com](mailto:gailwing@san.rr.com) Ph. 858 571-2802  
[www.deekshagraces.com](http://www.deekshagraces.com)

**Oeness Facilitator: Ellen Grimes**

[egrimes@san.rr.com](mailto:egrimes@san.rr.com) Ph. 858 454-6094

**Oeness Facilitators: Brent & Carol Dewitt**

[bdewitt1@san.rr.com](mailto:bdewitt1@san.rr.com) Ph. 858-578-6397

**Oeness Facilitator: Catherine Leigh Rose**

[CatherineRose@cox.net](mailto:CatherineRose@cox.net) Ph. 619 461-8336

**Oeness Facilitator: Eric Isen**

[emisen@mac.com](mailto:emisen@mac.com) Ph. 760 450-6598

**Oeness Facilitator: Cynthia Lamborne**

[Cynthia@lovenectar.com](mailto:Cynthia@lovenectar.com) Ph. 760 487-1971

**Oeness Facilitators: Suzann and Nicolai Lennox**

[s-lennox@cox.net](mailto:s-lennox@cox.net) Ph. 760/753-4580

**Oeness Facilitator: Hanna Kluner**

[hkluner@hotmail.com](mailto:hkluner@hotmail.com) Ph. 858/481-4044

**Oeness Facilitator: Charles Rassel**

[drRassel@aol.com](mailto:drRassel@aol.com) Ph. 760 489-0303

**Oeness Facilitator: Kathleen Petryshyn**

[kpetryshyn@san.rr.com](mailto:kpetryshyn@san.rr.com) Ph. 619/435-4351

**Oeness Facilitator: Yolanda Lopez**

[yolanda@lopez1@cox.net](mailto:yolanda@lopez1@cox.net) Ph. 619/575-1256

**Oeness Facilitator: Beatriz Medina Curiel**

[beatrizmedina@cox.net](mailto:beatrizmedina@cox.net) Ph. 01152 /664-684-92-89

**ALL of the above Oeness Facilitators are available for private sessions, including:**

Poway

**Oeness Facilitator: Evelyne Stompanato**  
[yogaeve@aol.com](mailto:yogaeve@aol.com) Ph. 858-486-2764

Scripps Ranch

**Oeness Facilitator: Peggy Weiner**  
[Mweiner1@san.rr.com](mailto:Mweiner1@san.rr.com) Ph. 858-271-5632

Mira Mesa/Sorrento Valley

**Oeness Facilitator: Brynn Spiegel**  
[brynns@sbcglobal.net](mailto:brynns@sbcglobal.net) Ph. 858-695-0611